Rehabilitating Torture Survivors

An Evidence-Based International Conference

December 3-5, 2008
Copenhagen, Denmark

organized by

RCT, the Rehabilitation and Research Centre for Torture Victims in collaboration with the Transcultural Psychiatry Centre, Psychiatric Centre, Copenhagen University Hospital/Rigshospitalet

- Key note lectures by outstanding international researchers/clinicians in the field
- Parallel workshops on rehabilitation issues in practice
- Free communications on rehabilitation of trauma survivors
- Presentation of the new RCT Field Manual on Rehabilitation
- Joint sessions with the Danish National Network of Trauma Treatment Centers (Danish programme)
- Minimal registration fee for three days including lunch and coffee (100 EUR)

RCT • Rehabilitation and Research Centre for Torture Victims
Borgergade 13 • DK-1300 Copenhagen K
+45 3376 0600 • www.rct.dk
Dear colleagues worldwide,

We cordially invite you to participate in this international conference on current evidence how to rehabilitate survivors of torture and organized violence.

As you look through this pamphlet, I hope you will discover not only a number of lectures, but also opportunities to open up your practice to new ideas. Free communications (15 min) relevant to the workshop topics are encouraged. Moreover, a discussion of the new RCT Field Manual on Rehabilitation of TOV survivors will be conducted.

For updates about this conference, please visit our website www.rct.dk. We look forward to seeing you in Copenhagen in December, 2008.

Sincerely,

Professor Bengt H Sjölund
Director General, RCT

Conference venue: Danish Insurance Association
Amaliegade 10, Copenhagen K. (see website)

Social events:
A Welcome Reception, evening December 3rd
A Conference Dinner, evening December 4th

Registration:
Please go to www.rct.dk and fill in the form.

Free communications:
Send abstract (max 300 words; Aim, Method, Results, Discussion) to rct@rct.dk before November 1st.

Registration deadline: November 1st, 2008
Registration fee: 100 EUR (includes a copy of the RCT Field Manual)

Payment:
Danske Bank, Holmens Kanal Department
EUR account IBAN: DK3030004310023825
S.W.I.F.T.-Code: DABADKKK
Account Holder: RCT

Organizing committee:
Bengt H. Sjölund, MD, DMSc, Marianne Kastrup, MD, PhD
Ann L. Persson, PT, PhD, and
Edith Montgomery, Lic. Psychologist, PhD.

Inquiries:
Please contact the secretariat, Birthe Klausen at bki@rct.dk (preferred) or telephone +45 3376 0600
PRELIMINARY PROGRAMME

Wednesday Dec. 3  9.00-16.30

Plenary session - Assessment of Torture Survivors
- Mental symptoms (Richard Mollica, USA)
- Chronic pain (Andrew O. Frank, UK)
- An ICF approach (Bengt H. Sjölund, Denmark)

Parallel workshops
1. Controversies in assessment regarding
   - PTSD (Marianne Kastrup, Denmark)
   - Chronic pain (Uwe Harlacher, Denmark)

2. Outcome studies in TOV survivors (Jessica Carlsson, Copenhagen & Birgit Lie, Oslo & moderator Anders Foldspang, Aarhus)

3. The context of torture
   - Mental health in protracted conflict situations (Abdel Hamid Afana, Canada)
   - Epidemiology (Shr-Jie S. Wang, Denmark)

Evening: Reception

Thursday Dec. 4  9.00-16.30

Plenary session: Rehabilitation of Torture Survivors
- Evidence for psychotherapy in PTSD (Stuart Turner, UK)
- Evidence for pharmacotherapy in PTSD (Speaker to be confirmed)
- Pain rehabilitation - what is the current evidence? (Amanda C de Williams, UK)

Parallel workshops
4. Team work in TOV survivor rehabilitation – the RCT model example
   (Team of consulting clinicians, Denmark)

5. Internet-based, self-management treatment for PTSD
   (Brett T. Litz, USA and Christine Knaevelsrud, Germany)

6. Children and the family of torture survivors
   (Solvig Ekblad, Sweden and Edith Montgomery, Denmark)

Evening: Dinner

See next page for the Friday programme
Friday Dec. 5  9.00-16.30

Plenary session: Critical Issues

- Imaging studies in Torture Survivors (JD Bremner, Atlanta, USA)
- Eye movement desensitization and reprocessing (EMDR)
  – mechanism, procedure and evidence (Speaker to be confirmed)
- Social integration of torture survivors (Cécilie Rousseau, Canada)

Parallel Workshops

7. The RCT Field Manual on Rehabilitation
   – an update in cooperation with the authors’ panel

8. The Danish National Center Network Annual meeting (program in Danish)
   (coordinated by Ulrik Jørgensen, Denmark)

Hotel information

The conference venue is situated in downtown Copenhagen 2 minutes from the Royal Palace. In order to make your stay in Copenhagen as pleasant as possible, the Conference Secretariat has booked in advance a number of rooms at hotels within walking distance from the conference venue.

We have booked the hotel rooms to reasonable prices in different hotel categories, but all hotels are situated in quiet neighborhoods. Prices from 825 DKK to 1265 DKK (1 EUR ≈ 7.5 DKK).

Important information

You are kindly requested to book and pay the hotel room yourself. The pre-booked hotel rooms (all single rooms) must to be booked and paid October 31st, 2008 at the latest. After this date the rooms will no longer be at the favourable price and will be released. When you book your hotel room it is very important to mention the reference number mentioned in the hotel list; otherwise you will loose the discount. For further details, please look at the corresponding hotel website.

Check [www.rct.dk](http://www.rct.dk) for hotel list and details.